

# Medical authorisation for travel

**THIS CHILD IS AT RISK OF A LIFE-THREATENING ALLERGIC REACTION (anaphylaxis) as detailed overleaf.**

Name (as shown in passport):

Date of Birth:

This child's action plan and emergency medications should be easily accessible at all times while travelling. Emergency medications may include:

- one or more of adrenaline autoinjector (e.g. EpiPen<sup>®</sup>, Jext<sup>®</sup>) device(s).
- antihistamines (as tablet or syrup)
- immunotherapy solutions
- asthma medications

The family must be allowed to carry with them a safe supply of food and liquids appropriate for the travel period. For infants, this may include infant milk formula.

**Immediate administration of an adrenaline autoinjector is the first line treatment for anaphylaxis.**

**This is a single, fixed dose of adrenaline which can be life-saving.**

The luggage hold of an aircraft is **NOT** an appropriate place for the storage of emergency medications, as these:

- need to be readily available
- can be broken with rough handling
- may be lost if luggage goes astray
- must not be subjected to temperature fluctuations.

**EpiPen<sup>®</sup> / Jext<sup>®</sup> autoinjectors must therefore be carried in hand luggage or on the person.**

This medical authorisation has been prepared by:

Dr: \_\_\_\_\_ Signed: \_\_\_\_\_ Date: \_\_\_\_\_