

**Considerations when setting up group education for
cow's milk protein allergy (CMPA)**

1. Do I have sufficient numbers of confirmed newly diagnosed mild/moderate non-Ig E CMPA patients on my caseload to make delivery of group sessions viable?
2. Do I have experienced dietetic staff that are qualified and motivated to deliver group sessions?
3. What is the purpose of setting up group clinic and how will I demonstrate this e.g. reduce clinic waiting list times, improve patient engagement?
4. Inclusion / exclusion criteria for attendance at group sessions.
5. Access to a suitable venue.
 - Consider size (needs to be big enough to accommodate large group of parents and buggies)
 - Access (needs to be accessible)
 - Cost (does the room need to be paid for)
 - Child friendly (baby changing facilities)
 - Availability (is the venue available when you want it)
 - Parking
 - Central location for the population you are serving.
6. How often will group sessions run?
7. Admin support. Book patients, send letters, send appointment reminders, follow-up.
8. How many patients will I invite to each group?
9. Format of the session. Formal/informal.
10. Content of the session.
11. What resources will I provide and in what format? Paper/Electronic.
12. How will I evaluate the sessions?
13. How often will I review and update the content of group sessions?
14. How will I audit the service provided?
15. How will I disseminate my findings so that others can learn from our experience?