

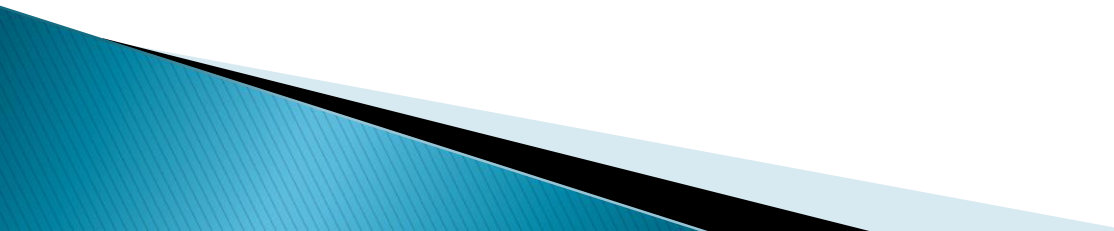
Cow's milk protein allergy groups
update 2015 – 2019
Wythenshawe Hospital

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Senior Paediatric Dietitian


Trial of CMPA groups

- ▶ CMPA groups were started to accommodate the increase in referrals from primary and secondary care and also breaches of waiting times due to maternity leave

2016-2019

- ▶ Regular CMPA weaning on dairy-free diet and CMPA re-introduction of dairy groups are run in the hospital every month 1.30-3.00pm in the seminar room on our day unit
 - ▶ Ease of access and parking, changing facilities, toys available
 - ▶ 10 patients are invited
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Group Session

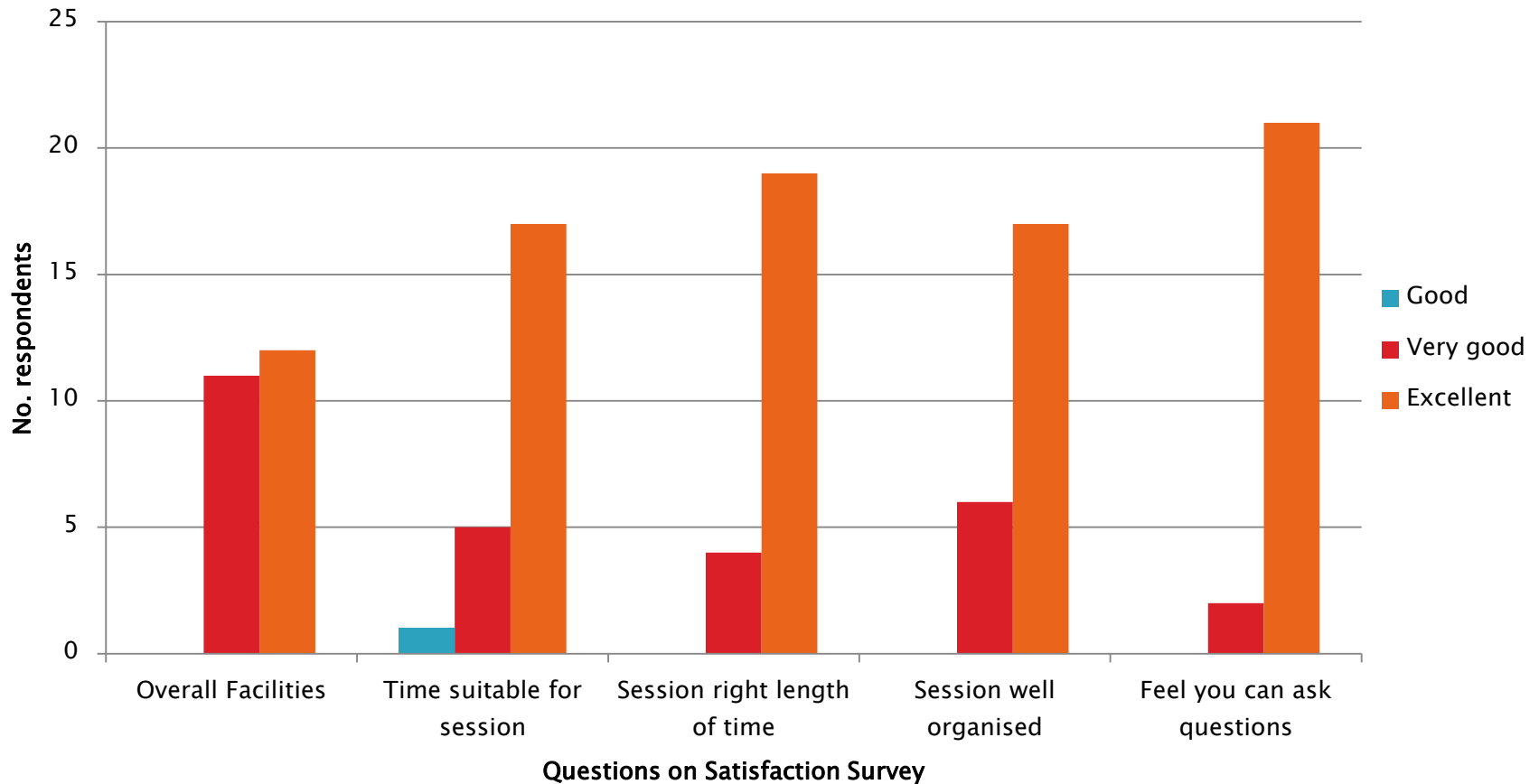
- ▶ A modified CMPA checklist (based on Bury community proforma) to obtain relevant information at beginning of session
 - ▶ Parents are given written information on arrival
 - ▶ BDA cow's milk free diet sheet
 - ▶ IMAP milk ladder and additional information
 - ▶ Alternative milk formation
 - ▶ Calcium information
 - ▶ Presentation with main points and pictures
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Evaluation

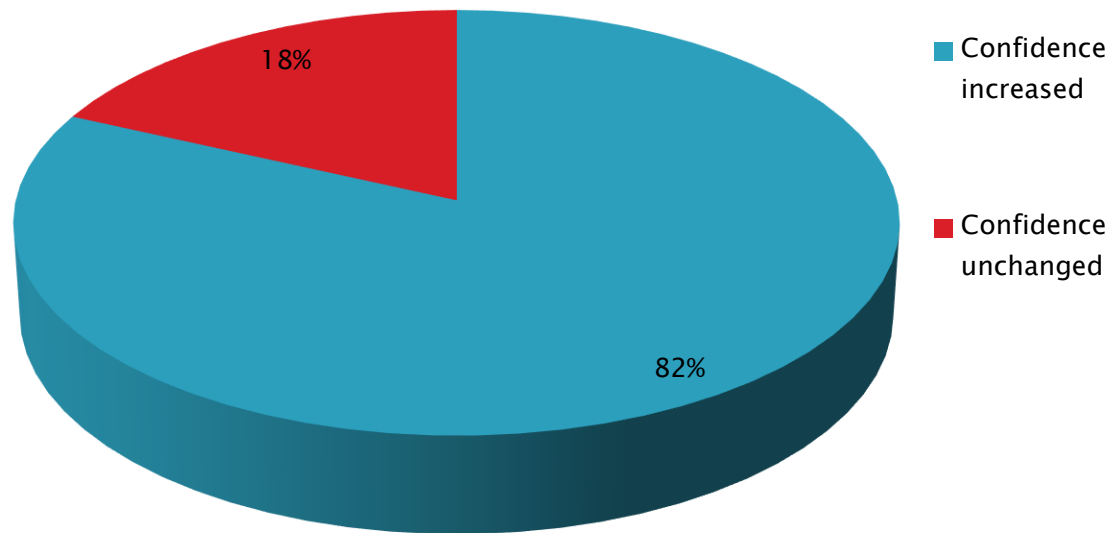
- ▶ Patient satisfaction survey (Likert type scale) that are
 - 7 questions
 - Including facilities, timing of group, length of session, organisation, time for questions
- ▶ Confidence question pre and post session

Patient Satisfaction

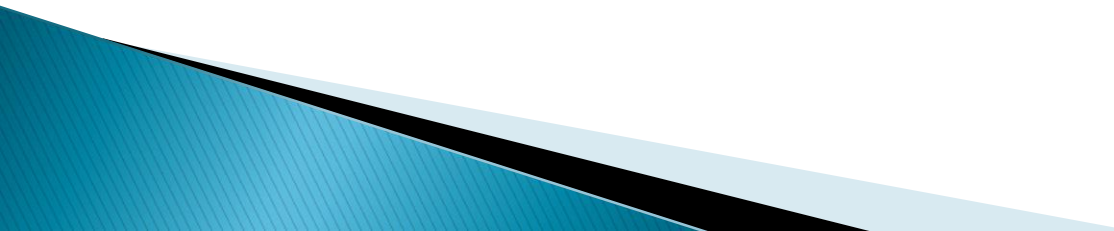
Group Session Satisfaction Questionnaire



Confidence in dairy free weaning

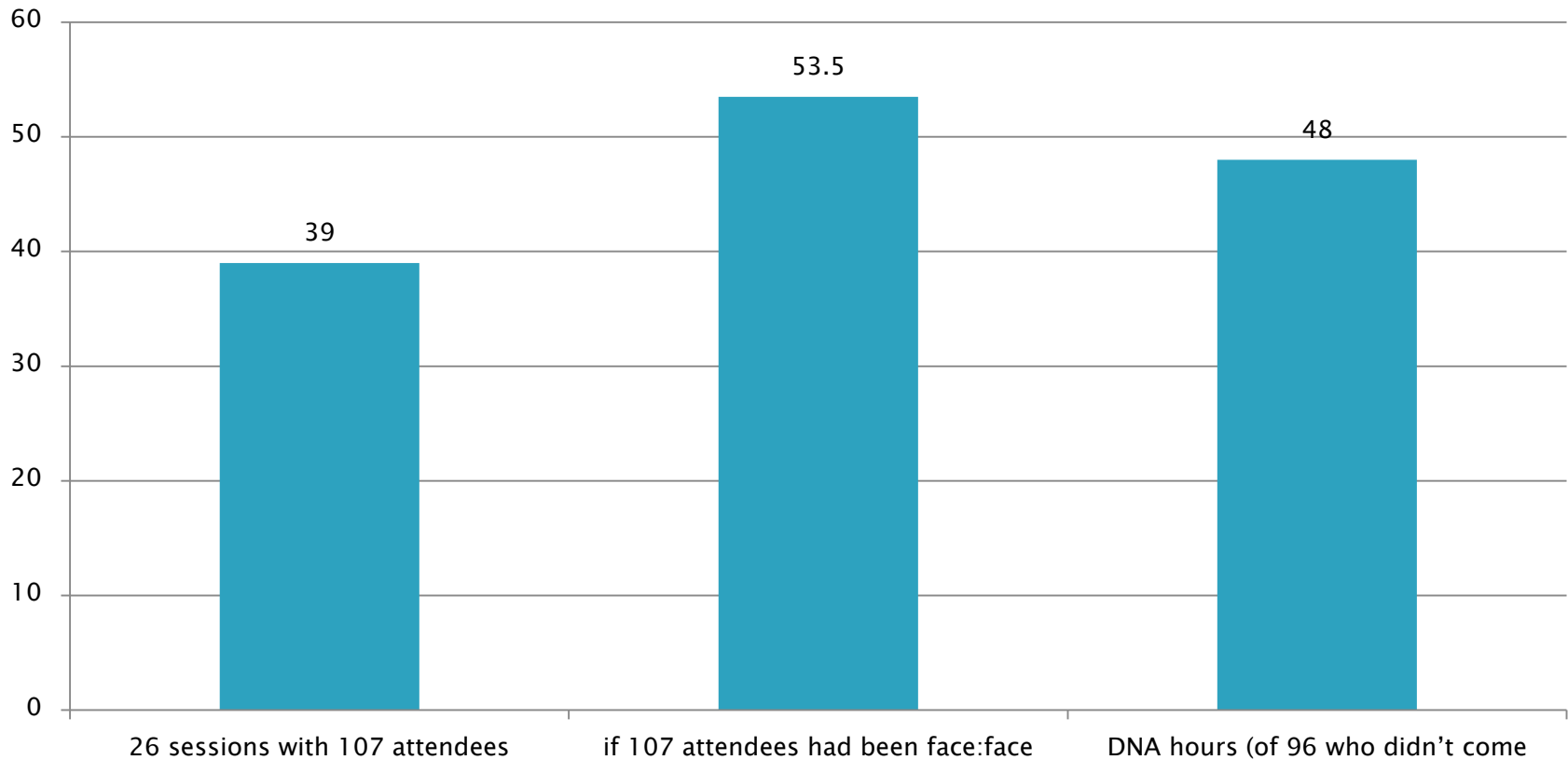


Patients' comments

- ▶ *Short session that covered everything*
 - ▶ *Friendly, professional dietitian*
 - ▶ *Very helpful*
 - ▶ *Very informative*
 - ▶ *Able to ask questions*
 - ▶ *Obtained information & guidance on weaning*
 - ▶ *Good opportunities to share knowledge*
 - ▶ *Good location with changing facilities*
 - ▶ *Great!*
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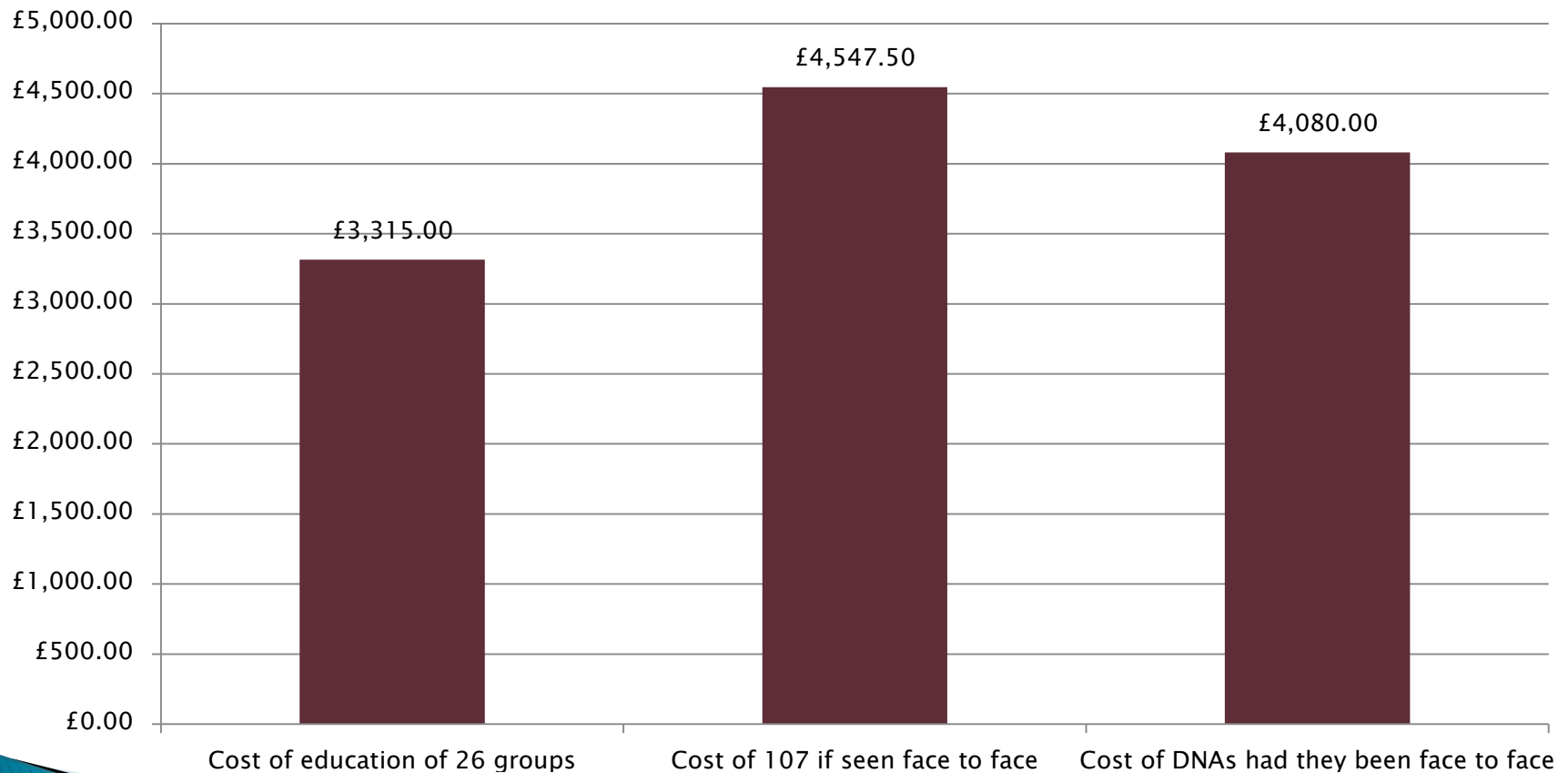
CMPA Education Groups

Number of Dietetic Hours

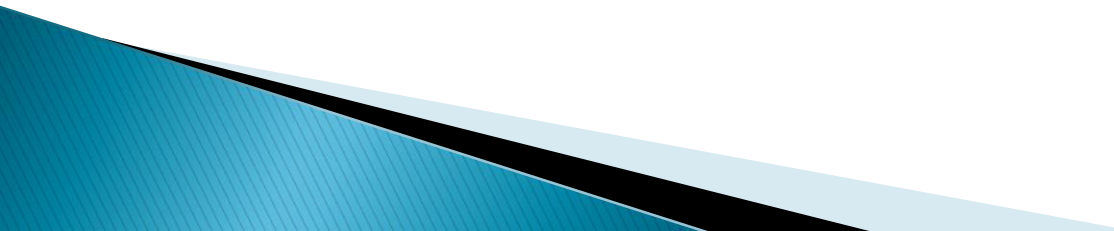


CMPA Education Groups

Cost of Group Education vs Face to Face



Conclusion

- ▶ Time saving
 - ▶ Cost saving to Dietetic service in terms
 - ▶ Cost saving due to DNAs
 - ▶ Money saving
 - ▶ Enjoyable environment for staff and parents
 - ▶ More opportunity to learn and ask questions
 - ▶ Opportunity to talk individually to a Dietitian
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Future

- ▶ Pathway for challenging babies and children to confirm diagnosis
- ▶ Education for GPs HVs